

# **LA SPORTIVA OURAY MOUNTAIN TRAIL RUN**

October 3, 2009, 10:00 a.m.

Grand Mesa, Uncompahgre & Gunnison National Forest, Ouray, CO

**Entry Fee:** \$40 until September 12, 2009; \$50 after September 12, 2009.

(We cannot guarantee that the participant will receive the shirt size requested after Sept. 12).

No Refunds! Entry fee is non-refundable and non-transferable.

If paying by check, make check payable to **Ouray Mountain Trail Run**

Mail this form and check to:

Ouray Mountain Trail Run

P.O. Box 1853

Ouray, CO 81427

If paying by credit card, please go to our website ([www.ouraytrailrun.com](http://www.ouraytrailrun.com)) to register.

**Please print. Illegible forms will be rejected.**

Name: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Gender: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Age on Race Day: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

T-shirt size (circle):    S    M    L    XL

E-mail address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_

**LIABILITY WAIVER MUST BE SIGNED BEFORE MAILING (Please note that a separate liability waiver must also be signed at the time of race packet pickup):**

**If the waiver is not signed, the registration form will be returned**

I know that running a road or trail race is a potentially hazardous activity that carries with it the potential for property loss, serious injury and death. I know that I should not enter and run this event unless I am medically able and properly trained, and I certify that I am capable of completing this event and that I am physically fit and have sufficiently trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event including, but not limited to: falls, contact with other participants and wildlife, the effects of the weather and altitude, including heat, cold, rain and/or snow, traffic and the conditions of the roads and trails, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself, my executors, administrators, heirs, next of kin, successors and assigns, and anyone else entitled to act on my behalf or who might claim or sue on my behalf, waive and release the organizers of the Ouray Mountain Trail Run; City of Ouray, Colorado; Ouray County; US Forest Service; Ouray County EMS; Ouray Mountain Rescue Team; USATF; and all other sponsors and volunteers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event or carelessness on the part of the persons named in this waiver. Further, I grant permission to all of the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for legitimate purposes. The entry fee is non-refundable and non-transferable for any reason, including cancellation of the race due to weather or other factors.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

(parent or guardian if under 18): \_\_\_\_\_ Date: \_\_\_\_\_